

Screening Brief Intervention and Referral to Treatment

Opioid and Other Substance Use
Disorders Interim Study Committee

Elizabeth Pace, Peer Assistance Services, Inc.

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Peer Assistance Services

Since 1984

August 22, 2017



Peer Assistance Services, Inc.

Prevention and Early Intervention Programming

- Workplace Prevention Services
- Parents & Caregivers
- Peer Health Assistance
 - Nurses, Pharmacists, Dentists, Veterinarians, Mental Health Professionals
- Prescription Drug Abuse Prevention
- Screening, Brief Intervention and Referral to Treatment

Carolyn Swenson, MSPH, MSN, RN
Manager of Training and Consultation
SBIRT in Colorado
Peer Assistance Services, Inc.



Peer Assistance Services

Since 1984

Packet of materials

- SAMHSA SBIRT Grant End Report
- JAMA Psychiatry article and editorial: Increased alcohol use in the US
- OMNI Report: Opioids
- OMNI Report: Women of Childbearing Age
- Pocket Cards: Adult, Adolescent, Older Adult, and Women
- Online Training Postcard for health and mental health providers
- SBIRT in Colorado Training and TA flyer
- APNA article: Using Virtual Patient Simulations
- Mhealth article: Harnessing the power of conversations

The Role of Health Professionals

- Address the full continuum of prevention
- Introduce the topic to open the door to conversation
- Become adequately trained to address substance use
- Initiate and coordinate care for alcohol and drug use problems

Screening-Brief Intervention-Referral to Treatment: SBIRT

Screening: Using validated questions.

Brief Intervention: A brief conversation to enhance motivation to change.

Referral to Treatment: Assessment and services for the person with a more severe alcohol or drug use problem

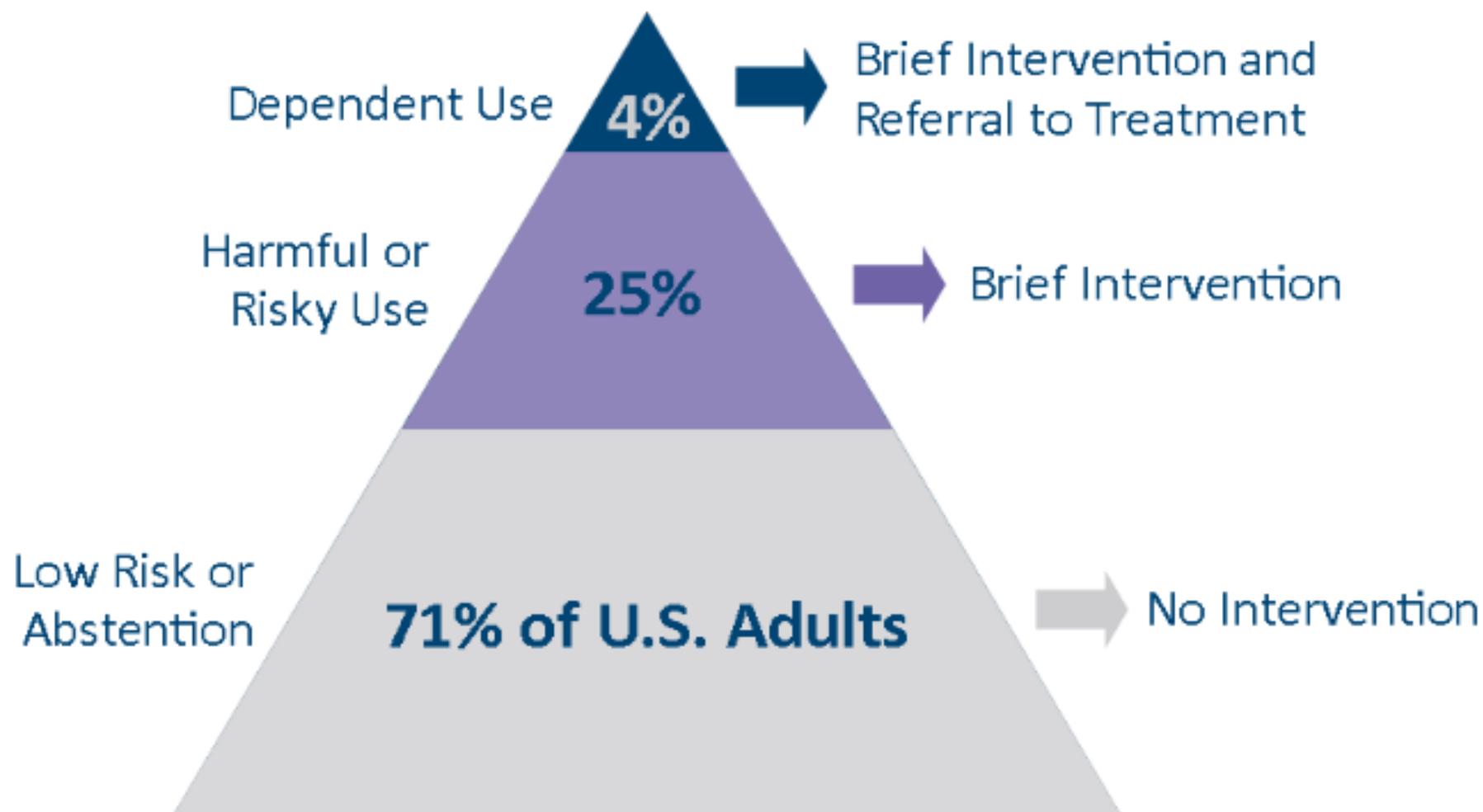
Early intervention improves health outcomes

The goal

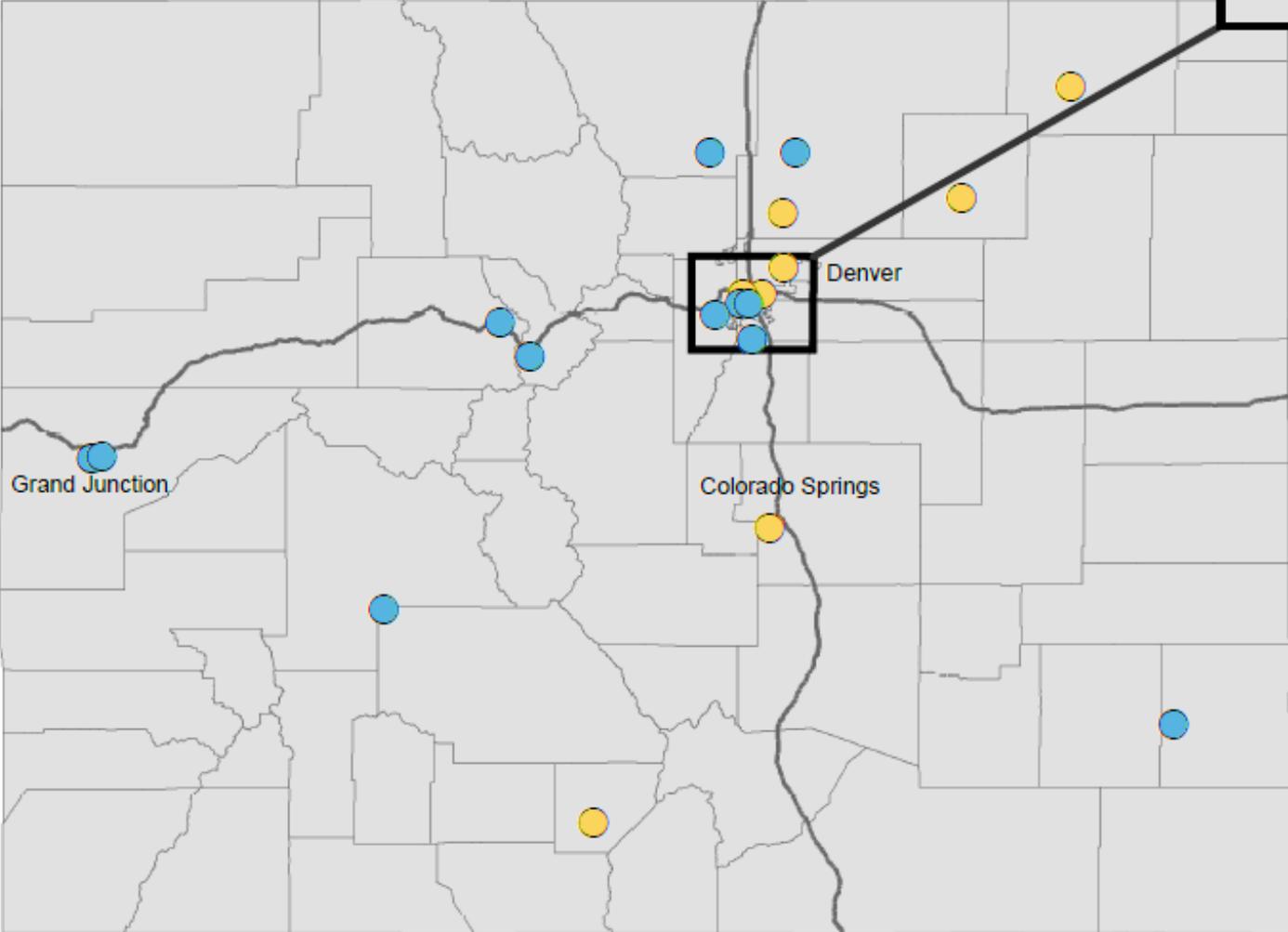
Universal
screening and
conversations
about alcohol and
drug use in health
care setting for
adults and
adolescents



FOCUS OF SBIRT



SBIRT in Colorado 2006-2016



Legend

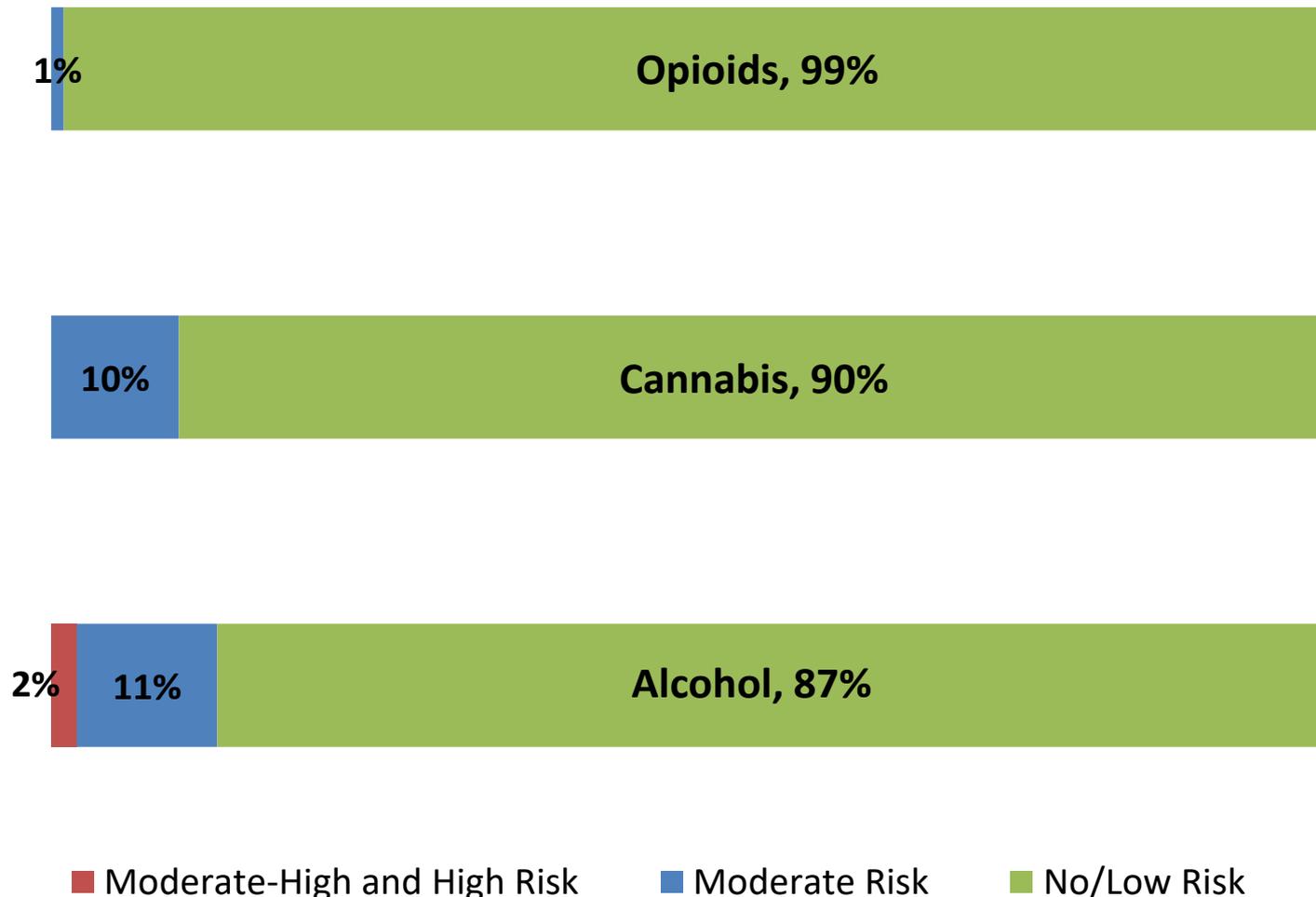
Grant Sites

- 2006-2011
- 2011-2016

— Interstates

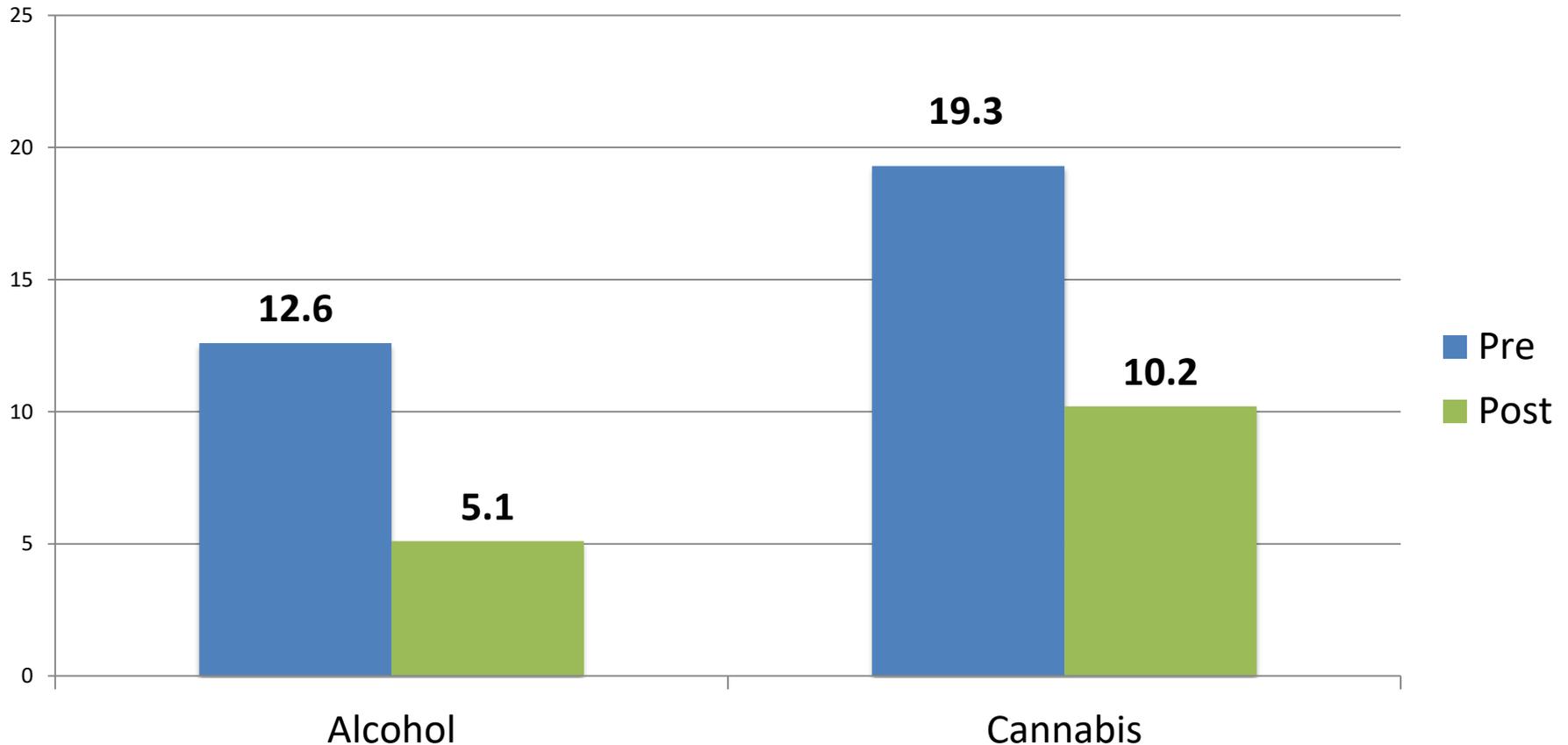
□ CoCounties

SBIRT Colorado Primary Care Screening Results



SBIRT Colorado follow-up results

MEASURED AT INTAKE AND FOLLOW UP
MEAN NUMBER OF DAYS OF USE IN PAST 30 DAYS



Cyrille Adam

Senior Director of Health Programs

Kognito Solutions, LLC



Conversations can improve social,
emotional, and physical health.

Conversations are central to SBIRT.

Kognito simulations **prepare people to effectively lead real-life conversations** that drive measurable improvements in **health behaviors**.

Users **engage in role-play conversations with emotionally-responsive virtual humans**.



A unique approach to changing attitudes and behaviors that resonates:

- Serving **governments, healthcare, education, and non-profits** for professional development or public education
- **Over 1 million users to date:** 300,000+ educators in 11,000 schools; 10,000 health professionals in 70+ universities and healthcare settings; over two dozen state agencies & statewide nonprofits. 400+ institutions of higher education.
- **Only developer with health simulations** in SAMHSA's National Registry of Evidence-Based Programs and Practices (NREPP)



U.S. Department of Veterans Affairs



American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



Robert Wood Johnson Foundation



**ONE
DEGREE** SM

Shift the **Influence**

Colorado's statewide campaign to reduce substance use by **promoting more effective conversations** with healthcare professionals and among the public

Targeted Messages by Area and Audience

Radio PSAs and News - Bus Ads and Events – Online Advertising

Simulations for Public and Clinicians

More Frequent and Effective Real Life Conversations

Harm Reduction

Education for Health Professionals

The One Degree campaign provides access to interactive learning experiences where professionals practice talking with virtual patients about substance use before they lead those conversations in real life.

Talking with Adolescent Patients
Alcohol, Marijuana



Talking with Adult Patients
Alcohol, FASD



Standardized assessment of SBIRT competency can be tied to certification or reimbursement.



Public Awareness & Education

The **One Degree app** allows **anyone** to practice conversations with virtual peers who use substances in unhealthy ways, moving **from awareness to action**

Hi, I'm Jordan!

I enjoy partying, but my drinking and smoking weed have been getting in the way of keeping my job.



Hi, I'm Donna!

I'm dealing with a lot these days, and I use alcohol to cope with stress.



www.shifttheinfluence.org



Recommendations

1. Support efforts to require substance use education for health and mental health professionals; facilitate student loan forgiveness
2. Capitalize on and expand existing prevention expertise to enhance the continuum of care
3. Fund expansion of Screening, Brief Intervention, and Referral to Treatment

Thank you

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