

April 23, 2018

The Honorable Sen. Vicki Marble
Chairperson, Senate Committee on State,
Veterans, and Military Affairs
200 E Colfax, Rm 3046
Denver, Colorado 80203

Re: SUPPORT for HB 1245, Testimony from American Atheists in support of the bill to protect minors in Colorado from the dangerous practice of conversion therapy

Dear Chairperson Marble and Members of the Senate Committee on State, Veterans, and Military Affairs:

American Atheists, on behalf of its more than 800 constituents in Colorado, thanks you for holding a hearing on HB 1245, a vital measure that will protect young people in Colorado from dangerous and discredited practices, often religiously based, that falsely claim to change one's sexual orientation or gender identity or expression. We urge you to swiftly pass this important legislation.

American Atheists is a national civil rights organization that works to achieve religious equality for all Americans by protecting what Thomas Jefferson called the "wall of separation" between government and religion created by the First Amendment. We strive to create an environment where atheism and atheists are accepted as members of our nation's communities and where casual bigotry against our community is seen as abhorrent and unacceptable. We promote understanding of atheists through education, outreach, and community-building and work to end the stigma associated with being an atheist in America. As advocates for the health, safety, and well-being of all Americans, American Atheists objects to efforts to subordinate medical care to the religious beliefs of providers and institutions.

Conversion therapy consists of practices, sometime performed by licensed mental health providers, which seek to change an individual's sexual orientation or gender identity or expression. These practices are based on religious beliefs rather than medical facts, such as the false idea that being LGBTQ is a mental illness that needs to be cured. This idea which has been rejected by every major mental health association group for decades. Conversion therapy does not include therapies that provide acceptance, support, or understanding of LGBTQ identities; that facilitate coping, social support, or identity exploration; that address unlawful conduct or unsafe sexual practices; or that provide assistance to a person going through gender transition. This legislation enacts professional standards for state-licensed mental health providers to clarify that conversion therapy is not an acceptable professional practice when applied to young people under age 18, and it subjects those who conduct such practices to disciplinary action.

While there is no credible evidence that conversion therapy can change a person's sexual orientation or gender identity or expression, it is clear that conversion therapy poses devastating health risks for LGBTQ young people. These dangerous practices can lead to depression, decreased self-esteem, substance abuse, homelessness, and even suicidal behavior, and for this reason the nation's leading mental health organizations have criticized them. Unfortunately, professional rules have not kept up with this widespread understanding, and some licensed mental health providers continue to engage in conversion therapy, often justifying these dangerous practices based on their religious beliefs. Researchers estimate that 20,000 LGBTQ youth ages 13-17 will receive conversion therapy from a licensed mental health professional before the age of 18.

Researchers also estimate that 57,000 such LGBTQ youth will receive conversion therapy from a religious or spiritual advisor before age 18. Although this bill does not address conversion therapy practiced by unlicensed religious organizations, American Atheists condemns those practices as well. No young person should be subject to abuse or mistreatment based on the religious beliefs of their caretakers.

Young people experience conversion therapy as a form of family rejection, and LGBTQ youth who experience family rejection face increased health risks. In one study, such youth were 8.4 times more likely to report having attempted suicide, 5.9 times more likely to report high levels of depression, and 3.4 times more likely to use illegal drugs compared with peers who had not experienced such rejection. On the other hand, family acceptance has been shown to be an important protective factor that can help to prevent suicidal behavior and mental health issues. Providers who engage in conversion therapy with the validation indicated by a state license can mislead families about the risks involved, leading to negative psychological outcomes and irreparable damage to the whole family. This legislation is needed to protect families from these damaging practices.

Thank you for the opportunity to submit testimony in favor of this important bill to protect the health and well-being of young people in Colorado. If you should have any questions regarding American Atheists' support for HB 1245, please contact Alison Gill, American Atheists Legal and Policy Director at 908.276.7300 x9 or by email at agill@atheists.org.

Sincerely,

/s/ David Romer

David Romer
Member, American Atheists
3138 Josephine Street
Denver, CO 80205

cc: All members of the Colorado Senate Committee on State, Veterans, and Military Affairs and staff