

Good afternoon Madam Chairwoman and fellow committee members.

My name is Tammy McLamb. I'm here to testify today as a woman, a mother of two adult daughters and as a nurse.

In my career, I have witnessed the barriers to access and quality health care to women.

In the summer of 2024 the FTC published an interim report highlighting the destructiveness of PBMs and the lack of access to our underserved and minority communities. They have done great harm to our country and access to care, especially for women.

I have sent in written testimony for you today on the website. My apologies for not appearing in person. I travel 3 hrs to work in Ft. Collins each week and tonight is my last shift for the week. I must rest.

I am a dedicated Behavioral Health and Addiction Medicine nurse. 90% of my population is homeless. They are the untouchables. I give them hugs and show them love, tell them they are worthy and they matter. I hold them when they cry and lift them up with each small step forward. Some are vets who have given all for their country, trafficked women with pronouns that range from she/her, he/him to they/them. And, horribly abused human beings. I love them all.

We must never forget these words, "human beings" and the healing power of "human touch" in all we do in supporting others.

I am a former Family Practice Nurse, Public Health Nurse and have even been a Medicolegal Death Investigator during the Pandemic. I came

to Colorado to give life-saving vaccines during the Pandemic and fell in love with our beautiful state and the people here. This state lovingly cared for my father, who passed away in Memory Care a few months ago.

Implementing mandatory health care coverage for hormone replacement therapy is right and just.

Those of us who are old enough to remember and have witnessed the evolution of healthcare in this country can be thankful. But, the work is not yet finished. Today it's time to raise the bar higher. You each have an opportunity to speak as one strong voice for women with your vote. It's time!

As a nurse, it's my duty to advocate for all of my clients. They trust us and look to us to be a voice for them. We have a moral imperative to provide access to care for women in this country.

When you vote today please prayerfully consider your grandmother, mother, aunt, sister, daughter, neighbor and friends. Most importantly, remember the stranger who looks to all of you to stand up and advocate for their better quality of health care.

Thank you for the opportunity to share my voice, a woman's voice, with all of you today.

Tammy McLamb