

Initiative 109: Male and Female Participation in School and Collegiate Sports

Placed on the ballot by citizen initiative • Passes with a majority vote

Initiative 109 proposes amending the Colorado statutes to:

- require that all school-based athletic teams and sports be designated as male-only or female-only based on biological sex, unless the team or sport is designated as open to participation by individuals of any sex or gender; and
- prohibit investigations of, or penalties for, a school that designates a team or sport as female-only.

What Your Vote Means

YES

A “yes” vote on Initiative 109 means that all school-based athletic teams and sports must be designated as being for biological males or biological females only, or as mixed.

NO

A “no” vote on Initiative 109 means that individual schools, school districts, and athletic associations may continue to set their own policies about who is eligible to participate on a team or in a sport.

Summary and Analysis of Initiative 109

What does the measure do?

The measure requires that any school-based team or sport be explicitly designated as being:

- for biological males only;
- for biological females only; or
- coeducational or mixed.

The measure specifically prohibits a biological male from participating on a team or sport designated for biological females. Biological females are allowed to participate on a team or sport designated for biological males if there is no equivalent female team offered for that sport. Participation on a coeducational or mixed team or sport is open to all. In addition, the measure prohibits any government entity, licensing or accrediting organization, or athletic association from investigating or penalizing a school for designating a team or sport as being only for biological females.

How does the measure define biological males and females?

The measure defines biological sex in terms of production of reproductive cells. "Male" is defined as children or adults whose biological reproductive system is organized around the production of sperm cells. "Female" is defined as children or adults whose biological reproductive system is organized around the production of ova, or egg cells. The measure does not impose a method for determining biological sex.

What teams does the measure apply to?

The measure applies to all teams and sports organized by schools or athletic associations, including teams that compete against other schools, in-house intramural sports, and after-school programs sponsored by schools. Schools include all public, charter, private, and religious school teams and sports from elementary through high school, and all public or private colleges, universities, and community colleges. Athletic associations are defined in the measure as organizations that administer extracurricular athletic competitions for schools. The measure does not apply to youth sports and leagues that operate separately from schools.

The governing body of every school or district must adopt a policy implementing the requirements established by the measure. The Colorado Commissioner of Education must take appropriate corrective action against public K-12 schools that do not comply with the measure. The measure does not establish an enforcement mechanism for private K-12 schools, colleges and universities, or athletic associations that do not adhere to the measure's requirements.

How does the measure interact with state and federal anti-discrimination law?

The Colorado Anti-Discrimination Act (CADA) prohibits discrimination in employment, housing, and places of public accommodation based on a person's sex, sexual orientation, gender identity, and gender expression. Public K-12 schools, colleges, and universities may not exclude students from extracurricular activities that align with their gender identity, even if their gender identify is different from their biological sex. It is unclear at this time how the measure will impact current state law.

At the federal level, Title IX of the Education Amendments of 1972 prohibits sex-based discrimination in federally funded education programs. Courts and presidential administrations have interpreted Title IX in a variety of ways, sometimes including and sometimes excluding gender identity under the definition of "sex." On February 5, 2025, the President issued Executive Order 14201, "Keeping Men Out of Women's Sports," which directs federal agencies to interpret Title IX as prohibiting biological males from participating in female sports. States that do not adhere to federal policy may face cuts in federal funding, and state laws or policies that conflict with federal law may face legal challenges from the federal government. In response, at least seven Colorado schools and school districts have adopted policies restricting biological males who identify as female from participating in female sports.

How do athletic associations currently address this issue?

The Colorado High School Activities Association (CHSAA), the association that oversees high school sports, requires schools to allow students to play on teams or sports that match their

gender identity. In response, eight schools and school districts in Colorado filed a federal lawsuit challenging CHSAA rules. The group of schools and districts and CHSAA reached a settlement agreement in December 2025 that allows schools to maintain separate sports teams and facilities for biological males and biological females without being penalized or sanctioned by CHSAA.

At the collegiate level, the National Collegiate Athletic Association (NCAA) rules state that participation in female sports is limited to student athletes who are biological females, and biological males cannot receive athletic scholarships designed for females, regardless of their gender identity. The NCAA rules do not apply to intramural collegiate sports.

Arguments For Initiative 109

- 1) Females should be able to compete against other females. Allowing biological males to participate on female teams creates an unfair advantage for the males. The measure protects the accomplishments and opportunities of female athletes and ensures that they have equal opportunities to achieve their athletic goals or compete for college scholarships without having to compete against biological males. The measure creates a single statewide standard that applies to all athletes across all schools, ensuring that female athletes can compete fairly no matter where they live.
- 2) Allowing males to participate on female teams or in female sports jeopardizes the safety and physical and emotional boundaries of female athletes. Regardless of one's gender identity, genetic differences between males and females can affect physical strength, stature, lung capacity, muscle tone, and growth. Males and females are separated in certain sports due to the physical differences between the sexes and the potential for females to be injured. In addition, some females may not step out of their comfort zone to participate due to fear of serious injury or discomfort sharing a changing area with a biological male. Offering coeducational sports offers a safe space for all individuals to participate in sports, even if their gender identity does not align with their biological sex.

Arguments Against Initiative 109

- 1) Transgender youth make up a small proportion of Colorado's students, but face high rates of mental health issues and suicide risk and are often discriminated against due to their gender expression and identity. Targeting such a small group of students by preventing them from playing on teams with their peers and instead requiring them to play on teams that don't match their gender identity could result in harassment, shame, embarrassment, and feelings of isolation and exclusion. Inclusive school communities offer a critical protective factor for all students' mental health.
- 2) Coaches and school administrators should not be policing or investigating an individual's body to determine their biological sex. The measure creates unequal standards and inequality across school districts and athletic organizations because it does not specify how the biological sex of an athlete will be determined, leaving it up to individual governing

bodies. Some schools or athletic associations may rely on the word of an athlete while another may require a doctor's note or a full physical exam. The measure may expose young athletes to sensitive or invasive questions, examinations, or tests that have nothing to do with their ability to safely play sports.

Information about the organizations supporting and opposing this measure is available on the Colorado Secretary of State's website:

www.coloradosos.gov/pubs/elections/Initiatives/ballot/contacts/2026.html

Fiscal Impact of Initiative 109

The fiscal impact will be included in the second draft.